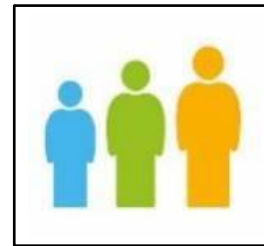


# Sandy Lane Primary School

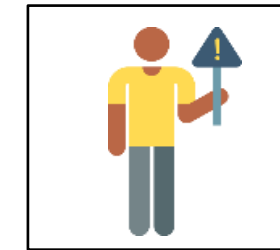
## RSHE Curriculum



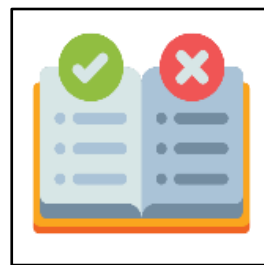
Me and My  
Relationships



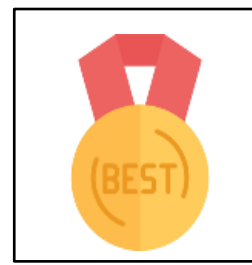
Valuing Difference



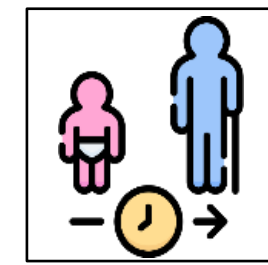
Keeping Myself Safe



Rights and  
Responsibilities



Being My Best



Growing and  
Changing

# RSHE Curriculum at Sandy Lane Primary School

## Intent

*At Sandy Lane Primary School we provide comprehensive coverage of the Relationships and Health Education requirements by using the SCARF programme as our teaching and learning anchor. Centred on a values-based and 'Growth Mindset' approach, SCARF's online resources support us in promoting positive behaviour, mental health, wellbeing, resilience and achievement.*

*As a learning community, we understand the link between pupils' health and wellbeing and their academic progress. Crucial skills and positive attitudes developed through comprehensive Personal, Social, Health and Emotional education (PSHE) are critical in ensuring children are effective learners. At Sandy Lane Primary School we recognise how important these skills and attitudes are in unlocking pupils' potential, helping to raise achievement and closing gaps in educational attainment. Our RESPECT principles underpin everything we do and align perfectly with the SCARF programme to help ensure a rounded and holistic approach to RSE and lifelong learning.*

*In addition to our commitment to comprehensive education, we are dedicated to instilling an understanding of British values among our students. Through the development of the pupil passport, we aim to develop cultural capital, providing our children with a rich and diverse set of experiences. This initiative will contribute significantly to their broader understanding of society and enhance their ability to navigate a culturally diverse world, promoting inclusivity and fostering a well-rounded education.*

## Implementation

*RSHE is taught as explicit lessons but is also embedded in other areas of the curriculum and day-to-day life of the school for example in science, RE, PE and the humanities. Children are taught by familiar adults who they have a good rapport with, in order to facilitate constructive and supportive discussions around sensitive topics. Staff have high expectations of behaviour which reflect the British Values upheld in our community and wider world and celebrate the cultural capital our pupils come with. Staff are trained to respond to the needs of the individual child, support children and know where to seek further support if needed. Staff develop key skills and prepare children for the wider world beyond primary school. Children know where to go/who to ask to get help and support. Pupils at Sandy Lane Primary School feel safe at school.*

*RSHE starts in the EYFS where we have selected the Early Learning Goals that link most closely to the PSHE National Curriculum taught in the rest of the school: Personal, Social and Emotional Development: Self-Regulation ELG, Managing Self ELG and Building Relationships ELG.*

*In KS1 and KS2 class teachers follow half termly units. To ensure children feel comfortable to learn about a range of topics, we create a safe learning environment through our school culture and ethos built on the foundations of the RESPECT principles. Teachers adapt their planning and teaching to the needs of the children in their class.*

*Aligned with British Values, our staff maintains high expectations of behaviour, emphasising values upheld in our local community and the broader world. We take pride in celebrating the cultural capital our pupils bring, recognising the richness it adds to our school community. Through a cross-curricular approach, we actively teach British values, promoting diversity, tolerance, and respect in all subjects.*

*Our staff undergo training to adeptly respond to individual needs, providing necessary support and knowing where to seek additional assistance when required. By developing key skills, we prepare children for the challenges of the wider world beyond primary school. The introduction of the Pupil Passport is a vital aspect of our strategy to enhance cultural capital. It will provide opportunities for diverse experiences, fostering a broader understanding of society and empowering students to seek help when needed, ensuring that every pupil feels secure and supported at Sandy Lane Primary School.*

RSHE is taught through our key concepts:



**Me and My Relationships**



**Valuing Difference**



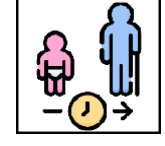
**Keeping Myself Safe**



**Rights and Responsibilities**



**Being My Best**



**Growing and Changing**

## Impact

As a result of our clear and comprehensive RSHE teaching and learning:

- children use the correct vocabulary to describe themselves and their bodies
- pupils develop confidence in talking about feelings and relationships
- children develop feelings of self-respect, confidence and empathy
- pupils have the confidence and self-esteem to value themselves and others
- children are prepared for puberty, having an understanding of physical development and the importance of health and hygiene
- we create a positive culture around issues of relationships
- children understand about the diverse range of different relationships, and families, and their importance for the care and support of children
- pupils behave responsibly within relationships
- pupils are able to recognise unsafe situations and be able to protect themselves and ask for help and support
- children understand the role of the media in forming attitudes
- children understand that offence can be caused by the use of certain terms as an insult

All children understand the importance of RSHE and British Values and the effects it can have on life in and out of school (in line with age appropriate content). The skills and attributes developed through our RSHE education are taught progressively, so each year children know more and remember more. By the time they leave for secondary school, our children have developed into healthy, valuable and fully rounded members of society. It helps them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our RSHE curriculum promotes respect for all and helps children understand that they have a voice which is important, but to be respectful and tolerant of others and ultimately be a member of our inclusive school and wider community.

